

Appetisers:

Hummus – Pitta Bread + Red Pepper Coulis	£3.50
Mini Bread Rolls – Oil and Balsamic	£3.75
Mixed Olives -	£3.75
Garlic Bread (Add Cheese for 50p)	£3.50

Starters:

Soup of the Day – Crusty Roll	£5.75
Tempura Fresh Squid – Mixed Leaf Salad and Chilli Jam	£7.50
Whitebait – Lemon and Dill Mayonnaise	£6.50
Goats Cheese Bon Bons - Pickled Beetroot, Beetroot Puree, Leaves and Balsamic	£7.95
Smoked Salmon Blinis - Topped with Garlic and Cream Cheese with Pickled Cucumber Salad	£7.95

Children:

Battered Cod and Fries	
Chicken Breast Chunks and Fries	
Scampi and Fries	
Served with the Choice of Beans or Peas	
Homemade Cheese Burger, Fries and Salad.	
Macaroni Cheese + Garlic Bread.	
	£6.50
INCLUDES CARTON OF APPLE OR ORANGE JUICE	

FROM THE LAND:

'SANDS OF TIME' Burger -	£14.50
6oz Prime Beef Burger. Cheese, Smoked Bacon, Onion Rings, Beef Tomato on a Bed of Mixed Leaves in a Brioche Bun, served with Fries and Burger Relish.	
8oz Sirloin Steak -	£20.95
Home Battered Onion Rings, Tomato, Mushroom and Handcut Chunky Chips (Add 4xGarlic King Prawns £3.00)	
Gammon – Skin On Fries and Garden Peas	£12.50
	Fried Egg - 50p Pineapple Ring -50p
Braised Lamb Shank -	£15.95
Herb Roasted New Potatoes, Roast Winter Vegetables and Red Wine Jus	

Baguette, Jacket Potato or Bloomer: (Lunch Only)

Served with Crisps and Salad

Tuna Mayo and Cheese	
Bacon, Brie and Cranberry	
Prawns and Crayfish with Marie Rose	
Goats Cheese, Red Onion Marmalade + Red Pesto	
Chilli and Sesame Beef	
	£6.95

Mains:

Battered Cod and Skin On Fries	£12.95
Garden Peas and Homemade Tartare (Optional)	
Wholetail Scampi and Skin On Fries	£12.95
Garden Peas and Homemade Tartare (Optional)	
Seafood Platter –	£17.50
Prawns, Crayfish, Garlic Squid Rings, Smoked Salmon, Shell on Prawns, Scampi, Pan-Seared Tuna, Whitebait, Smoked Trout Pate, Fries and Mixed Leaf.	
Roast Salmon Fillet -	£16.50
Curried Roast Vegetables with Coconut Cream	
Sea Bream Fillet with Chorizo Crust -	£15.95
Leek and Potato Cake, Green Beans, Mange Tout and Dijon Cream Sauce	
Smoked Bacon and Mushroom Penne Carbonara -	£14.50
Mixed Vegetable Cobbler -	£13.95
Mixed Leaves and a Cheese Scone	
King Prawn Thai Red Curry -	£14.95
Coconut Rice and Prawn Crackers	

Side Orders

Garlic Bread (Add Cheese for 50p)	£3.50
Bucket of Skin On Fries	£3.00
Mixed Leaf Salad	£3.00
Seasonal Vegetables	£3.00
Onion Rings	£3.95
Bread and Butter (2x Slices)	£1.85
Halloumi Fries + Chilli Jam	£6.00

Bitter, Lager and Cider

Adnams Southwold 500ml	£4.70
Adnams Ghost Ship 500ml	£4.70
Adnams Ghost Ship 500ml (Low Alcohol 0.5%)	£4.70
Adnams Lighthouse 500ml	£4.70
Peroni 330ml	£4.00
Becks 275ml	£3.50
Bitburger 330ml (Alcohol Free)	£3.50
Aspall 330ml	£4.00
Local Wells Cider 500ml	£4.70

Tea and Coffee:

Americano	£2.20	Breakfast Tea	£2.00
Cappuccino	£2.60	Earl Grey	£2.10
Latte	£2.60	Peppermint	£2.10
Mocha	£2.60	Chamomile	£2.10
Espresso	£2.10	Fruit	£2.10
Hot Chocolate	£3.00	Green	£2.10
(Cream and Marshmallows +50p)			

PLEASE INFORM STAFF OF ANY ALLERGENS OR DIETARY REQUIREMENTS